

Dr.Tawseefa Qadir

PH.D,M.PHIL,M.ED

Experienced and dedicated Lecturer with a passion for teaching and a proven track record of success in higher education. Skilled in creating engaging and interactive learning environments, fostering student growth and success. Possess strong communication and interpersonal skills, along with a deep understanding of curriculum development and assessment. Committed to fostering a supportive and inclusive learning environment for all students.

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EDUCATION

Ph.D in Psychology

MUIT, Lucknow.

Title: Impact of Incarceration On Cognitive Functioning , Quality Of Life, Well being, Stress and Coping Strategies Among Prisoners.

M.Phil in Education

CV Raman University,Chattisgarh.

M.Ed

University Of Kashmir

Masters In Sociology

IGNOU

EXPERIENCE

Lecturer

Govt womens college sopore

- Conducted tutorials, seminars, and workshops to facilitate group discussions and student engagement
- Provided feedback and guidance to students to help them improve their academic performance

Lecturer

Govt degree college baramulla 2018 - 2019

- Delivered lectures to undergraduate and postgraduate students on specific subject areas
- Developed lesson plans and curriculum content to ensure course objectives were met
- Evaluated student performance through assignments, exams, and projects

Academic Counsellor

IGNOU 2014 - 2018

- Collaborated with colleagues on research projects and publications
- Engaged in continuous learning and professional development to stay current in the field and improve teaching techniques.
- Providing academic counseling to students
- Organizing and conducting workshops or seminars on study skills, time management, and other academic topics

SKILLS

- Student Counseling
- Faculty communication
- Lecture development
- Public Speaking
- Academic Publication
- Research and analysis

PUBLICATIONS,CONFERENCES,WORSKSHOPS, WEBINARS ,SYMPOSIUM & SEMINARS

1. Cultural Intelligence and Self Efficacy as a Predictor of Adjustment Among College and University Students, Indian Journal of Psychology, ISSN:0019-5553, Tawseefa Qadir and Dr. Rupam Singh 2024, UGC Care Approved.
2. Impact of covid 19 on the mode of financial Transaction all around the world, AJOMC Asian Journal of Organic and Medicinal Chemistry, ISSN:2456-8937, Tawseefa Qadir, Feb 2022, Jan-March 2022, UGC Care Approved.
3. Incarcerations Impact on Quality of life, Wellbeing and Coping among Prisoners, Aadhunik Sahitya, ISSN:2277-7083, Tawseefa Qadir and Dr. Rupam Singh, Oct-Dec 2023, UGC Care Approved.
4. Institutional, Gender and Residential Differences in Achievement Motivation of Students at Secondary Level in Kashmir, Bharitiya shiksha Shodh Patrika, ISSN:0970-7603, Tawseefa Qadir and Dr. Rupam Singh Jul-Dec 2023, UGC Care Approved.

Conferences:

1. Psychology and Social justice at the time of Covid-19 pandemic: The State, Community & Individual Perspectives at 31st Convention of National Academy of Psychology 2021-2022.
2. National Conference on Social work Education & Practise, Contemporary issues, Challenges & Way forward by Department of Sociology & Social Work, Christ Bangalore on 19th & 20th April 2022.
3. 1st International Conference on Mental Health Concerns and Management in Diverse Population Organised by counselling Cell & Department of psychology, KAHER Belagavi on 17th Nov 2022 at KLE Convention centre.
4. International Conference on Positive Parenting by Department of Psychology & IQAC, Christ Nagar College, Maranalloor, Thivandrum in Association with university of Thailand & Professional Psychologist of Kerala on 23rd & 24th Feb 2022.
5. Virtual National Conference on Management & Technology (NCMAT 2022) in Association with University of Mumbai.
6. Annual Psychology Conference on The Bharat Panchal Dialogues in Mental Health by Department of Mental Health & Behavioural Sciences, Fortis Health care in Association with Jindal School of Psychology & Counselling, OP Jindal Global University.

Workshops:

1. Typology of Perpetrators of Intimate Partner Violence: Forensic Psychology perspective organised by Mukhta Foundation from 28th-30th July 2023.
2. Workshop on Pre-menstrual Syndrome & Pre-menstrual Dysphoric disorder: Concept, Assessment & Management by CMBS, Department of Psychiatry, clinical Psychology & Neurosciences, Udaipur & RH Hospital Alwar held on 10th Dec 2023.
3. Workshop on Projective Testing in Psychological Evaluation of Children by CMBS, Department of Psychiatry, clinical Psychology & Neurosciences, Udaipur & RH Hospital Alwar held on 30th Dec 2023.

Webinars:

1. Webinar on Family Mental Health by CMBS, Department of Psychiatry, clinical Psychology & Neurosciences, Udaipur & RH Hospital Alwar held on 26th Aug 2024.
2. Webinar on Women's Mental Health CMBS, Department of Psychiatry, clinical Psychology & Neurosciences, Udaipur & RH Hospital Alwar held on 5th Aug 2024.
3. Parent Child Relation & Parenting-Concepts & Pathology by CMBS Udaipur Rajasthan on 7th July 2023.
4. Fundamentals of Research in Social Sciences by RM (Research Mynd) on 3rd May 2023.
5. Emerging Trends in Psychology by Department of Psychology-PG Centre, St. Francis De Sales College Bengaluru on 27th July 2023.

Symposium:

1. International symposium on Innovative Pedagogies in Interdisciplinary perspective In NEP 2020: Case study by MUIT Lucknow 5th -6th Oct 2023.

Seminars:

1. National Seminar on Need & importance of Public Administration in Public era by Department of Public Administration Study Centre 1210 in Collaboration with IQAC Govt Degree College Sopore on 29th-30th Sep 2018.
2. National seminar on Role of Psychologists in Addressing Social Concern by Department of P.G Studies & Research in Psychology, SDMC Ujire on 12th April 2023.

BOOK CHAPTERS

1. The Changing Landscape of School Psychology. Autobiographical Memory among Young and older Adults, INSPA (Indian school psychology Association) 2024, Tawseefa Qadir and Dr. Rupam Singh